

NAPERVILLE TENNIS & SWIM CLUB

1011 East Benton Avenue, Naperville, IL 60540

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Registration for Pool Membership, Swim Lessons and Swim Team programs has started. All registrations are scheduled on a first come, first serve basis. After spots are filled, registration will be temporarily closed and you will be put on a waiting list. The pool season is Memorial Day Weekend through Labor Day. The Swim Lesson Program is a 6 week program with 2 different half hour groups. Swim Lessons are a flat rate of \$150 for pool members, with the 45 minute Orca lesson being \$225. The half hour Swim Lessons are priced at \$300 for non-member swim students.

Additional Lesson Information. When filling out your registration forms, please indicate to your best knowledge your child's current level. We will be placing the swimmers into groups based on age and ability. Initially your student may be placed slightly below their ability level to ensure a positive start. You should hear from us in mid-May regarding your swimmers exact time slot. Our goal is to keep the kids in the same time spot for all six weeks, however, some changes may occur early on if it is in the best interest of your child. We will contact you personally if this is the case. Swim instructors will be available for private lessons throughout the summer.

Please arrive at lessons 5 to 10 minutes before they start as we would like to have students in the water as close to the starting time as is possible. Parents and family are welcome to watch the lessons, but please stay on the wood portion of the pool deck; being close to the instruction area can be distracting to the students and instructors. Please do not attempt to talk to the lesson instructors or manager during the lesson unless it is an emergency. Specific concerns about your child should be directed to the lesson manager before or after the lesson.

We have seven learning stations (see levels on registration form). When the student has completed the tasks at one station, they will be tested and moved on to the next station. They will be given a progress card explaining what they have accomplished at that particular station. Occasionally, a short supervised recreational swim will be given students near the end of the lesson. This is done for a change of pace, so that students can use their skills while having fun or perhaps the student wants to work on skills not included in the lesson and sometimes skills are gained in a more relaxed recreational situation. Families are encouraged to join the pool for consistent practice and for you to play a role in your child's learning.

Your child's learning process will be affected by many factors. One of the prime obstacles of learning to swim is fear. There are several ways you can aid a student's water adjustment. At bath time, encourage your beginner to wash his own face and head, blow bubbles, lie down in the water and put his or her face in the water. The shower is also a good place to help your child become accustomed to water running over their head and face. Please be patient with your child's progress – it's the best way to keep them positive and engaged.

